



OMBUDSMAN NEWSLETTER

SEPTEMBER 2004

Hello again from the fightin', bitin' Battle Cat, USS Kitty Hawk.

It's been a busy month since I last wrote – a month of training, tests and exercises, and lots of flying for Carrier Air Wing 5, embarked aboard Kitty Hawk and a vital part of the team. Most recently, Kitty Hawk received a score of 95 percent on the 3M Assessment, measuring our effectiveness in material maintenance management and our overall upkeep of the Battle Cat. That's the highest score ever received by an aircraft carrier!

Also this underway period, 40 of our blue shirts were selected for promotion to chief petty officer. They've been busy attending leadership training and going through what's known as the "transition period." We're all looking forward to their pinning ceremony on the 16th of September.

Keeping the outbreaks of excellence going, our Engineering Department recently passed their MCR, or Mid-Cycle Review. And Supply Department is currently in the midst of their Supply Management Inspection. Again, we expect great things from them.

While we have had great successes, we know the press never ends out here in the Forward Deployed Naval Forces, and more challenges always lie ahead.

One of our biggest challenges as we operate in the western Pacific Ocean this time of year is the weather. It's typhoon season, and I think we've seen just about every possible typhoon or storm formation possible. It has kept our meteorological team on constant alert, keeping us out of harm's way. Even so, our mission continues and we press forward in the wind and rain with the launch and recovery of aircraft. We always evaluate the conditions, and keep safety at the forefront of our thoughts.

Of particular note, we recently pulled into Guam for a bit of rest and relaxation, but had to quickly depart to avoid Super Typhoon Chaba (STY 19W), which took a path almost directly toward the island. We departed in time and almost all our Sailors made it to the ship for the emergency sortie. Our Sailors are a responsible bunch, and paid close attention to the weather situation and responded quickly. The few Sailors we had to



USS KITTY HAWK (CV-63)



leave behind were rallied together and flew out to meet us shortly after we departed. We hope to get back to Guam again soon. It's a favorite among port visits for our Sailors.

When we are able to steer clear of the inclement weather, we have been able to get the air wing flying, and have also had our fair share of replenishments at sea. This type of event is also known as a "RAS." This is when we come alongside another vessel to take on fuel, water, aircraft and ship parts, food, ammunition, or anything else that we may need. We also transfer back materials as well.

It's a very tricky process to properly complete a RAS, and we have some of the finest Sailors in the Fleet on board Kitty Hawk, making seem easy. In particular, the Sailors in Navigation keep us on course, and Deck, Supply and Air departments keep the fuel and materials flowing during the actual events. We accomplish this type of event almost weekly, and it's a great lifeline for us.

And speaking of lifelines, let's not forget the importance of your role at home, day in and day out. Your support and focus helps keep us in the fight. This includes your support during Navy advancement cycles. Yes, they are again upon us in September. I ask that you help prepare our Sailors for the test. Encourage them to find the time to study. Bottom line, it's more money in the pocket when you advance!

While there is always much to write about, I'll end it here. I thank you again for being there for the Battle Cat and her crew.

Remember to stay tuned to the Kitty Hawk Strike Group online at www.kittyhawk.navy.mil for the latest in our activities.

Thanks again, and I look forward to seeing you all again in Yokosuka!

*Sincerely,
Captain T.A. Parker
Commanding Officer
USS Kitty Hawk (CV 63)*



こんにちは再度戦いから、鋭い戦い猫、USS Kitty Hawk。

それはずっと I は最後に書いてから使用中月-訓練の月である、テスト及び練習、そして空母航空団 5 のための飛行の多く、チームのキティホークそして重大な部分で積み込まれる。最近、キティホークは 3M の査定 の 95 パーセントのスコアを受け取った、戦い猫の物質的な維持管理そして私達の全面的な維持の私達の有効性の測定。それは航空母艦によって受け取られる最も高いスコアである!

またこの実施中に期間、私達の青いワイシャツの 40 は一等兵曹への昇進に選ばれた。それらは行くことを使用中知られているものによって"過渡期としてリーダーシップのずっと訓練に出席し、である。"私達はの彼らのピンで止める式に 9 月第 16 先に見ているすべてである。

卓越性の発生を行かせ続けること 私達の技術部は最近 MCR を渡した、または中間周期の検討。そして供給部は補給管理の点検の真っ只中に現在ある。再度、私達はそれらからの大きい事を期待する。

私達が大きい成功を有する間、私達は出版物が前方配置された海上部隊で決してここに終わらないことを知っている、そしてより多くの挑戦は常に前方にある。

私達が今回西部の太平洋で年の作動するので私達の最も大きい挑戦の 1 つは天候である。それは台風季節である、そして私は私達が可能なあらゆる可能な台風または嵐の形成についてちょうど見たことを考える。それは一定した警報の私達の気象チームを保った、害の方法からの私達の保存。そうとしても、私達の代表団は続き、私達は航空機の進水そして回復の風そして雨で先に押す。私達は常に条件を評価する、そして私達の思考の最前線のたくわえの安全。

特定のノートの、私達は僅かな休暇のためのグアムに最近引っ張った、しかしすぐに極度の台風 Chaba を避けるために(ものもらい 19W) 出発しなければならなかった道をほとんど直接取ったかどれが島の方に。私達は時間に出発し、私達の船員ほとんど全員は緊急時の出撃のための船にそれを作った。私達の船員は責任がある束である、そして支払われた近い関心天候の状態へのそしてすぐに答える。私達が後ろ残さなければならなかった少数の船員と一緒に再び集まり、私達の後まもなく私達に会うために出発した飛んだ。私達はすぐにグアムに再度着くことを望む。それは私達の船員のための左舷訪問間の好みである。

私達が厳しい天候の明らかに操縦できる時私達は空気翼の飛行を得られたそしてまた海で補充の私達の公正な取り分を持っていた。このタイプのでき事はまた"RAS として知られている。"これは私達が別の容器の横に燃料で取ることを来るときである水、航空機及び船の部品、食糧、弾薬、または私達が必要とする場合もある何か他のもの。私達もまた材料を移す。

それはきちんと RAS を完了する非常にこうかつなプロセスであるそして私達にキティホークの上で艦隊で最も良い船員の何人かある、作成は容易なようである。特に、運行の船員はコースの私達を保つ、そしてデッキ、供給及び空気部は実際のでき事の間流れる燃料および材料を保つ。私達はこのタイプのでき事をほとんど毎週達成する、そしてそれは私達のための大きい命綱である。

そして命綱の話すこと、私達を家であなたの役割の重要性を忘れないことを許可しなさい毎日毎日。あなたのサポート及び焦点の助けは戦いで私達を保つ。これは海軍進歩周期の間のあなたのサポートを含んでいる。はい、それらは 9 月の私達に再度ある。私はテストのために私達の船員の準備を助ける尋ねる。それらを調査する時期を見つけるために励ましなさい。要点、それは進むときポケットのより多くのお金である!

約書くべき多くの常に間、私はそれをここに終える。私は戦い猫および彼女の乗組員にそこにいることに再度感謝する。

で私達の活動の最新情報にキティホークの殴打のグループにオンラインで引続き注目することを覚えなさい www.kittyhawk.navy.mil。

再度ありがとう、そして私は横須賀のすべてまた会うことを楽しみにしている!

誠意をこめて、
大尉 T.A. Parker
指令官

USS Kitty Hawk (CV 63)

To Contact an Ombudsman via email:
KittyHawkOmbudsman@yahoo.com

Please provide complete information
about the Sailor, such as:
Full Name and Rate/Rank
Sailor's Department/Division



To Snail-Mail a Kitty Hawk Sailor
(and send fun and tasty care packages):

Sailor's Name and Rank
Sailor's Department/Division
USS Kitty Hawk (CV-63)
FPO AP 96634-2770



Kitty Hawk Care Line
DSN: 243-9913
046-896-9913

From the United States, dial:
011-81-46-816-9913



Ombudsman Note

Dear Kitty Hawk Families,

The school bus engines are running, the pencils are scratching the paper, and the kids are bouncing around the playgrounds. The school year has begun again across the US and our overseas bases! Whether or not you have children or children in school, you can't ignore the excitement in the air when a new year starts. If you look at the faces of teachers in these next few weeks, you'll see energy, strength, and hope.

Teachers aren't always in classrooms and don't always have a degree. A teacher can be someone with life experience, a willingness to help, a kind heart, and a gentle hand. Do you have any of these attributes? Do you want to be a teacher?

There are "students" all around you. These "students" are not typical. They won't be on the bus and they won't need lunch money or new crayons. These are other Navy spouses who need some guidance! None of us hold degrees in being a Navy spouse; we simply learn by experience. There isn't a spouse around who hasn't had a tough deployment day! Do you have advice that might help someone through one of these days? Then by all means, share your knowledge and experience!

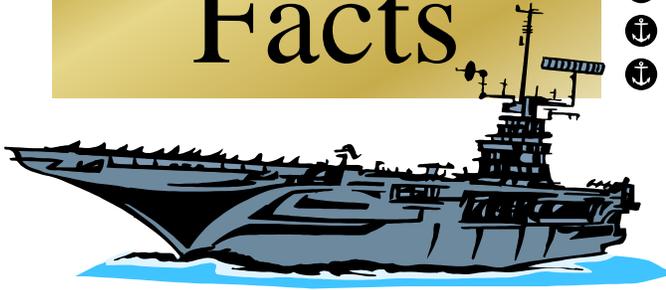
Where should you go to offer your teaching abilities? Well, there are plenty of classrooms on base, but your "students" won't be there. They will be in line at the commissary, next to a stroller on the playground, eating pizza at the Exchange, sitting in the back of the chapel, or waiting for an appointment at the hospital. You will find a whole group of "students" at a KHEFSG or KHOSO meeting learning from each other.

Look around next time you are out. If you have experience, a willingness to help, a kind heart, or a gentle hand, offer it to another Navy spouse! If your face tells "students" that you have energy, strength and hope for the future, you will make a wonderful teacher! We have all been "students" and always will be. Now, be a teacher too and give another Navy spouse the encouragement and support it takes to be successful in the school we call "life"!

Sincerely,

Kitty Hawk Ombudsman Team

Hawk Facts



Did you know the Kitty Hawk

- ⚓ is 1062.5 feet long
- ⚓ has 4 aircraft elevators
- ⚓ serves more than 9600 eggs a day
- ⚓ processes 2500 pounds of mail daily
- ⚓ was constructed at Camden, NJ
- ⚓ was commissioned on April 29, 1961

Read this section each month
for more interesting facts

GROUP EVENTS

KHEFSG · KITTY HAWK ENLISTED FAMILY SUPPORT GROUP

September 09 – Take a trip to Harajuku... lots of shopping! Bring extra yen for lunch!
Group will meet at Yokosuka's front gate at 9am and return by 1330.

September 16 – General Meeting. This is a Pot Luck Dinner, so please bring a dish.
Drinks and paper goods are provided. Board Elections will also be held.
Child Care is available for \$2/child, please RSVP for care by 13 Sept.

September 18 – Family Movie Day! KH Families are invited to come to the movies, Free
Admission, courtesy of the KHEFSG. Showings are at 1300 and 1800.
Movie list is unknown at this time; please inquire at a later date.

To be added to the KHEFSG email list, send your email to khefsg@lycos.com
Check out the KHEFSG website at <http://khefsg.tripod.com>

KHOSO · KITTY HAWK OFFICERS' SPOUSES ORGANIZATION

September 21 – General Meeting at O'Club, 1130-1330. RSVP dates and costs are TBA.

September 23 – Japanese Food Class, 9am-1pm. Contact KHOSO is interested in joining.

September 25 – Ikego Friendship Day, 1130-1730. KHOSO will have a booth set-up.
If interested in helping out, please contact the KHOSO.

October 02 – Pearls of the Orient, 6:30pm at the O'Club.

World renowned Pearl Expert, Jane Yomaine, will share over 40 years
of experience with these treasures from the sea in a Pearl Seminar.
Orient yourself to the magic of black Tahitian, South Sea, Japanese
cultured, Chinese fresh water and Mabe pearls. Accompaniment the
evening with a wine tasting event and hors d' oeuvres. All are welcome.
Limited seating, tickets on sale starting in September.

The Yokosuka Enlisted Spouses will be out looking for new members this month. Y.E.S. is open to all families stationed ashore or on a ship. This organization is a great opportunity to get together with other enlisted spouses in the community. Come join the next **Y.E.S. meeting on September 21 from 1100-1300 at Sbarro**. To be added to the Y.E.S. email list, send email to YokoEnlistedSpouse@lycos.com. Also, check out their website at <http://yokoenlistedspouse.tripod.com>

New Dialing Procedure For On-Base Telephones

There is now a uniform prefix of 99 when dialing any off-base number. Please note – you will no longer receive a separate bill for long distance calls. All international calls will be included in your monthly BCO telephone bill.

FYI

The Commissary will be closed for two days in October for inventory, restocking and rearranging. The dates will be announced in the near future.

There will be a Case Lot Sale on Sept. 25th and 26th.

Japanese Spouses...

Come join the **Japanese Spouse Group** to meet new people and share some ideas and interests. Meetings are on Wednesday **September 1st, 8th, and 15th** from 12:45-2:15pm. Contact the Fleet & Family Support Center for info.

Get PAYS!!!

Parents Association for Youth Sports

This program is in association with the Youth Orientation Program that is held every Thursday @ 9am at Yokosuka Teen Center.

For convenience, this program can also be completed online at

<http://paysonline.nays.org>.

Once entering the site, select AP-CFAY Japan from the chapter drop-down list and enter the code 1128. After completing the on-line program, download and print your membership card.

By completing the PAYS program and submitting the \$5 membership fee, you will receive a \$5 discount on every youth sports activity your children participate in.

For more info on PAYS, visit the NAYS website at www.nays.org and click on the PAYS logo at the left.

Child Development Center

All Special Openings through October will be held at the Hourly CDC (Bldg F-68). This is due to renovation and replacement of sink cabinets at the Main CDC being done on the weekends. Reservations are still to be made through the Main CDC.

There will be a Special Opening for the Navy Day Ball from 1700-0100 and on the Saturday of the Fall Bazaar from 0800-1700. Reservations for these events will be taken up to one month in advance.

IMPORTANT!!!

Have you completed your **NEO Packet** yet??

Visit the CFAY website at <http://www.cfay.navy.mil> and click on the link to Download NEO Pack.

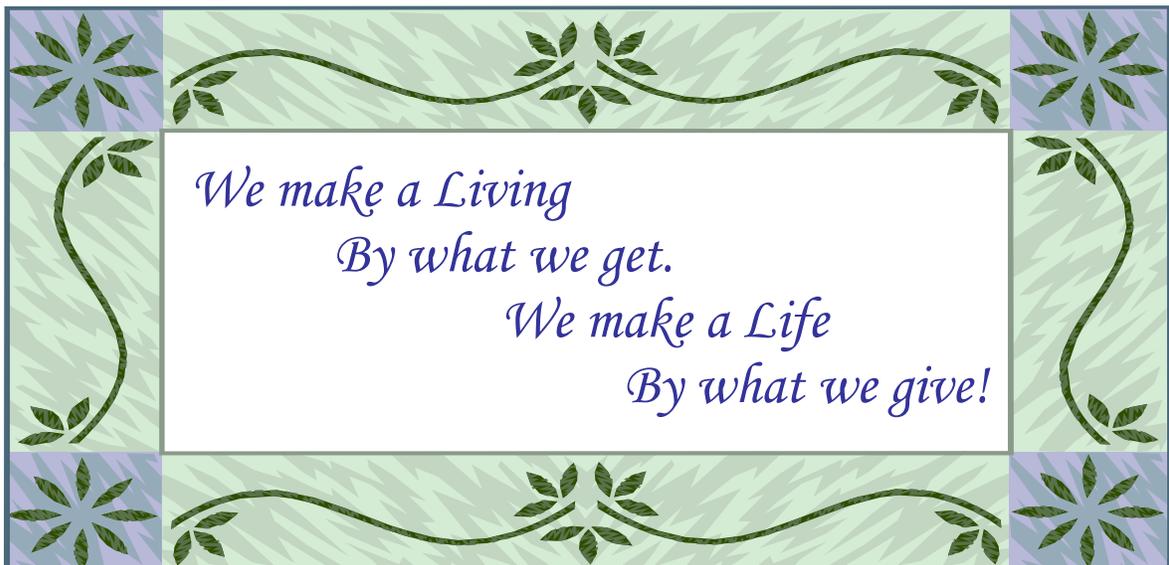
In the event of orders to evacuate for danger or crisis, such as a natural disaster or military tension, it would be very helpful to have this packet already prepared.

Grab the September issue of *Focus* magazine for a complete list of activities, events, tours, and information available.



USS Kitty Hawk PCPO Spouses

Congratulations on the Promotion and the completion of the
CPO Spouse Transition Conference!



I Didn't Know I Had a Support Team on My Side

www.navyonesource.com

My husband is stationed in Diego Garcia. I wasn't able to accompany him and I quickly found it difficult to balance work and my new role of single parent. It was an exhaustive challenge. My stress level was high and productivity at work was affected. "I didn't know where to turn." I called the Fleet and Family Support Center. They were very helpful in making referrals to support groups and agencies on base. They also provided literature about **Navy One Source** and I gave them a call. The consultant was extremely attentive to my needs and was able to answer all my questions. He recommended some available Navy One Source materials pertaining to building trust, staying connected, parenting and stress relief. The materials were sent to my home at no cost to me.



Navy One Source can help balance the every day life issues faced by Sailors and Navy families. In partnership with the Fleet and Family Support Centers, Navy One Source provides beneficial resources and information to help you meet the challenges of military life.

- Log on to www.navyonesource.com today to read or download these informative articles:
 - *Building Trust*
 - *Keeping Connected*
 - *Stress Relief*
 - *Discipline and Your Young Child*
 - *Keeping in touch with Friends*
 - *Dealing with Separation*
- These resources are just a sampling of the many Life Articles and Booklets available through Navy One Source. For more information on everyday life issues, call and talk with one of our master's level consultants.

Get in touch with Navy One Source today

From the United States: 1-800-540-4123

From outside the United States ONLY: 800-5404-1233* or call collect: 484-530-5914

* Note, when dialing local access numbers, local phone charges may apply.

Navy One Source is available at no cost to you. Best of all, it is available - any time of day, wherever you are.

To reach a Spanish speaking consultant – En español llame al 1-877-989-5392. Navy One Source also offers Simultaneous translation into more than 150 other languages. Phones are TTY/TDD accessible by calling 1-800-346-9188.

Online: www.navyonesource.com

User ID: Navy Password: Sailor

